

**PSYCHIATRY**  
**PAPER – II**

PSY/J/17/39/II

Time : 3 hours

Max. Marks : 100

**Important instructions:**

- Attempt all questions in order.
- Each question carries 10 marks.
- Read the question carefully and answer to the point neatly and legibly.
- Do not leave any blank pages between two answers.
- Indicate the question number correctly for the answer in the margin space.
- Answer all the parts of a single question together.
- Start the answer to a question on a fresh page or leave adequate space between two answers.
- Draw table/diagrams/flowcharts wherever appropriate.

Write short notes on:

1. A 37 year old married woman with no family or past history of psychiatric disease with prominent anankastic traits in premorbid personality has presented with gradually progressive excessive worries and apprehensions, feeling anxious, restlessness, headache & chest pain with occasional sadness:  
a) Outline differential and provisional diagnosis.  
b) Pharmacological and non pharmacological management. 5+5
2. a) What is alcohol withdrawal delirium?  
b) What are the differential diagnoses to be considered?  
c) What investigations will you advise and why?  
d) Management of alcohol withdrawal delirium. 1+2+2+5
3. a) What are the psychiatric disorders associated with diabetes mellitus?  
b) How do they affect course of diabetes mellitus?  
c) What are the principles of management of psychiatric disorders existing with diabetes mellitus? 3+2+5
4. A 24 year old male with schizophrenia has been started on olanzepine.  
a) What is the likely chance of his developing metabolic syndrome?  
b) Preventive strategies used for its prevention. 2+8
5. a) What is Psycho education?  
b) What are the components of Psycho education?  
c) Its application in management of psychiatric disorders. 2+5+3
6. a) Concept of family burden in relation to psychiatric disorders.  
b) Enumerate the instruments used for its assessment.  
c) Approaches to manage family burden. 4+2+4

**P.T.O.**

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| 7. General approaches to the assessment and management of patients presenting with sexual dysfunction.  | 5+5   |
| 8. Compare utility of lithium and valproate for the treatment of bipolar disorders.   | 10    |
| 9. a) What is psychotherapy?<br>b) What are the various types of psychotherapies?<br>c) Principles and application of supportive psychotherapy. | 1+2+7 |
| 10. Psychosocial approaches to assessment and management of dementia.   | 5+5   |

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